

Invitation Senior/Senior Invitational
Complexe sportif Claude-Robillard, Montréal, 13. - 14.3.2010

Epreuve 18

Messieurs, 400m Libre

Cat. générale

2010-03-14 - 8:35

Liste résultats

Canadian Record Cat. générale	3:44.85	COCHRANE, Ryan	IS	Beijing (CHN)	2008-08-09
Canadian Record 11 - 12	4:19.04	SAYAO, Chuck	TOMAC		1995-01-01
Canadian Record 13 - 14	4:05.63	STEVENS, Jamie			1989-01-01
Canadian Record 15 - 17	3:52.03	BAGSHAW, Jeremy			2009-01-01
Records provinciaux Québec Cat. générale	3:56.24	NEWMAN, Wesley		Montréal	2008-04-01
Records provinciaux Québec 11 - 12	4:26.47	RICHARDS, Nicolas			1984-08-01
Records provinciaux Québec 13 - 14	4:12.17	LALIBERTÉ, Renaud		Montréal	2003-07-13
Records provinciaux Québec 15 - 17	3:56.48	SZMIDT, Peter			1978-01-01

Ligues Senior Hommes : 4:26.05

Rang	AN		Temps		100m	200m	300m	400m
1.	BIELBY, Steven	89	Pointe-Claire Swim Club	4:15.50	1:02.21	1:05.94	1:04.75	1:02.60
	50m: 29.63	29.63	150m: 1:35.15	32.94	250m: 2:40.94	32.79	350m: 3:44.64	31.74
	100m: 1:02.21	32.58	200m: 2:08.15	33.00	300m: 3:12.90	31.96	400m: 4:15.50	30.86
2.	JENSEN, Daniel	91	Pointe-Claire Swim Club	4:15.93	1:01.81	1:05.97	1:05.55	1:02.60
	50m: 29.14	29.14	150m: 1:34.46	32.65	250m: 2:40.36	32.58	350m: 3:45.49	32.16
	100m: 1:01.81	32.67	200m: 2:07.78	33.32	300m: 3:13.33	32.97	400m: 4:15.93	30.44
3.	FRACKE, HANS	86	University of Ottawa GeeGees	4:18.27	1:01.99	1:05.80	1:05.40	1:05.08
	50m: 29.82	29.82	150m: 1:35.29	33.30	250m: 2:41.12	33.33	350m: 3:45.79	32.60
	100m: 1:01.99	32.17	200m: 2:07.79	32.50	300m: 3:13.19	32.07	400m: 4:18.27	32.48
4.	HERNANDEZ, Hector	89	McGill University	4:19.73	1:03.35	1:06.43	1:05.98	1:03.97
	50m: 30.21	30.21	150m: 1:36.66	33.31	250m: 2:43.02	33.24	350m: 3:48.83	33.07
	100m: 1:03.35	33.14	200m: 2:09.78	33.12	300m: 3:15.76	32.74	400m: 4:19.73	30.90
5.	RUEL, Marc-Andre	91	Club aquatique Montréal	4:19.82	1:04.99	1:07.50	1:04.23	1:03.10
	50m: 31.00	31.00	150m: 1:39.56	34.57	250m: 2:44.01	31.52	350m: 3:48.75	32.03
	100m: 1:04.99	33.99	200m: 2:12.49	32.93	300m: 3:16.72	32.71	400m: 4:19.82	31.07
6.	DAWSON, Sean	87	Eosa	4:22.21	1:03.64	1:07.25	1:06.29	1:05.03
	50m: 30.47	30.47	150m: 1:37.52	33.88	250m: 2:44.22	33.33	350m: 3:50.33	33.15
	100m: 1:03.64	33.17	200m: 2:10.89	33.37	300m: 3:17.18	32.96	400m: 4:22.21	31.88
7.	RICHARD, Hans	88	Pointe-Claire Swim Club	4:26.73 *	1:03.01	1:06.74	1:08.39	1:08.59
	50m: 30.05	30.05	150m: 1:36.02	33.01	250m: 2:43.56	33.81	350m: 3:52.94	34.80
	100m: 1:03.01	32.96	200m: 2:09.75	33.73	300m: 3:18.14	34.58	400m: 4:26.73	33.79
8.	CHENG, Erik	90	Pointe-Claire Swim Club	4:28.85 *	1:04.13	1:09.12	1:08.61	1:06.99
	50m: 30.72	30.72	150m: 1:38.59	34.46	250m: 2:47.58	34.33	350m: 3:56.12	34.26
	100m: 1:04.13	33.41	200m: 2:13.25	34.66	300m: 3:21.86	34.28	400m: 4:28.85	32.73
9.	SALMON, MACKENZIE	92	W. Ross Macdonald Swimming	4:30.43 *	1:04.07	1:07.80	1:09.58	1:08.98
	50m: 30.49	30.49	150m: 1:38.03	33.96	250m: 2:46.37	34.50	350m: 3:57.20	35.75
	100m: 1:04.07	33.58	200m: 2:11.87	33.84	300m: 3:21.45	35.08	400m: 4:30.43	33.23
10.	DESJARLAIS, Liam	96	Club Neptune ST Jérôme	4:38.87 *	1:06.02	1:11.09	1:11.90	1:09.86
	50m: 31.11	31.11	150m: 1:41.88	35.86	250m: 2:53.54	36.43	350m: 4:04.39	35.38
	100m: 1:06.02	34.91	200m: 2:17.11	35.23	300m: 3:29.01	35.47	400m: 4:38.87	34.48
11.	MANNY, Frédéric	94	Pointe-Claire Swim Club	4:46.21 *	1:08.70	1:13.04	1:11.97	1:12.50
	50m: 32.65	32.65	150m: 1:45.36	36.66	250m: 2:57.48	35.74	350m: 4:10.55	36.84
	100m: 1:08.70	36.05	200m: 2:21.74	36.38	300m: 3:33.71	36.23	400m: 4:46.21	35.66